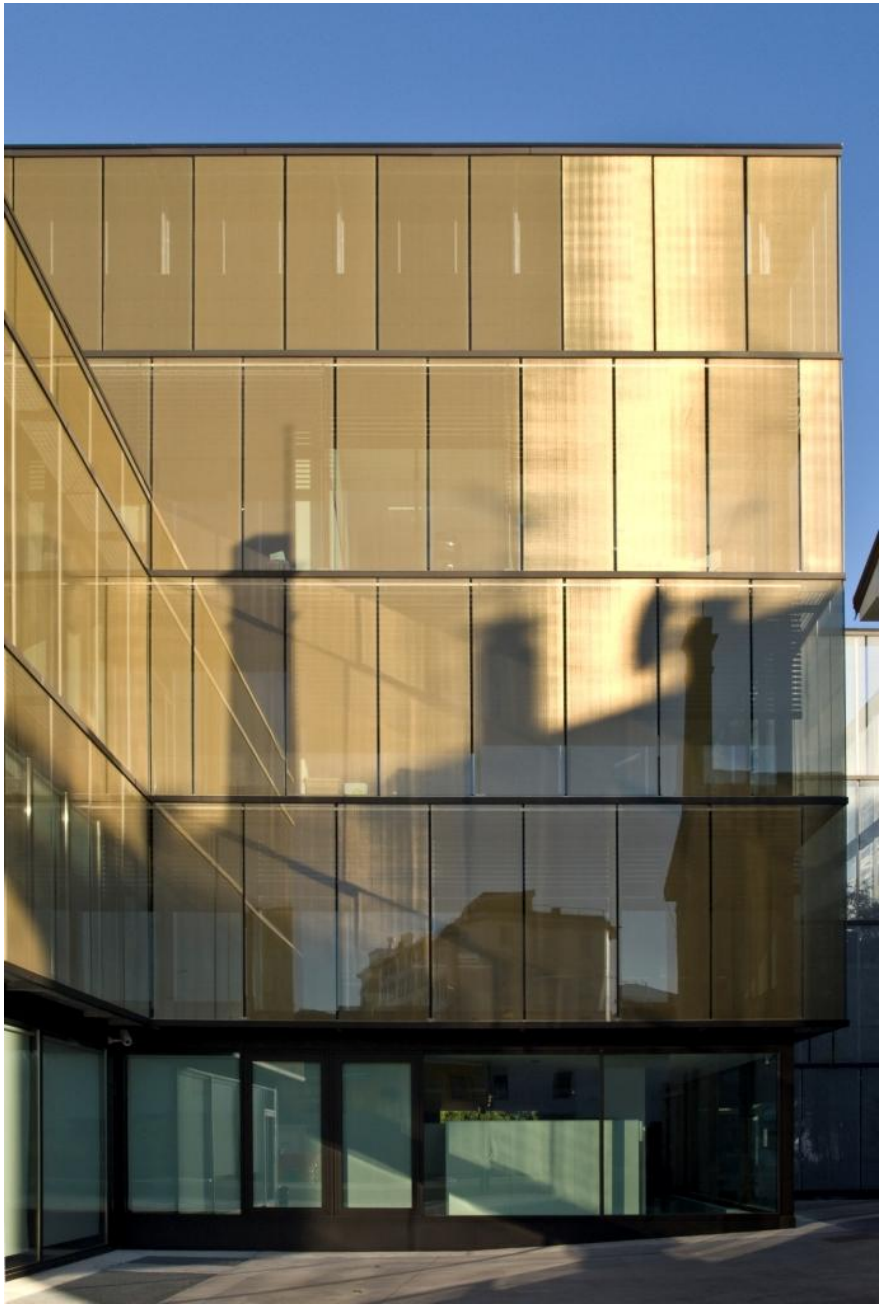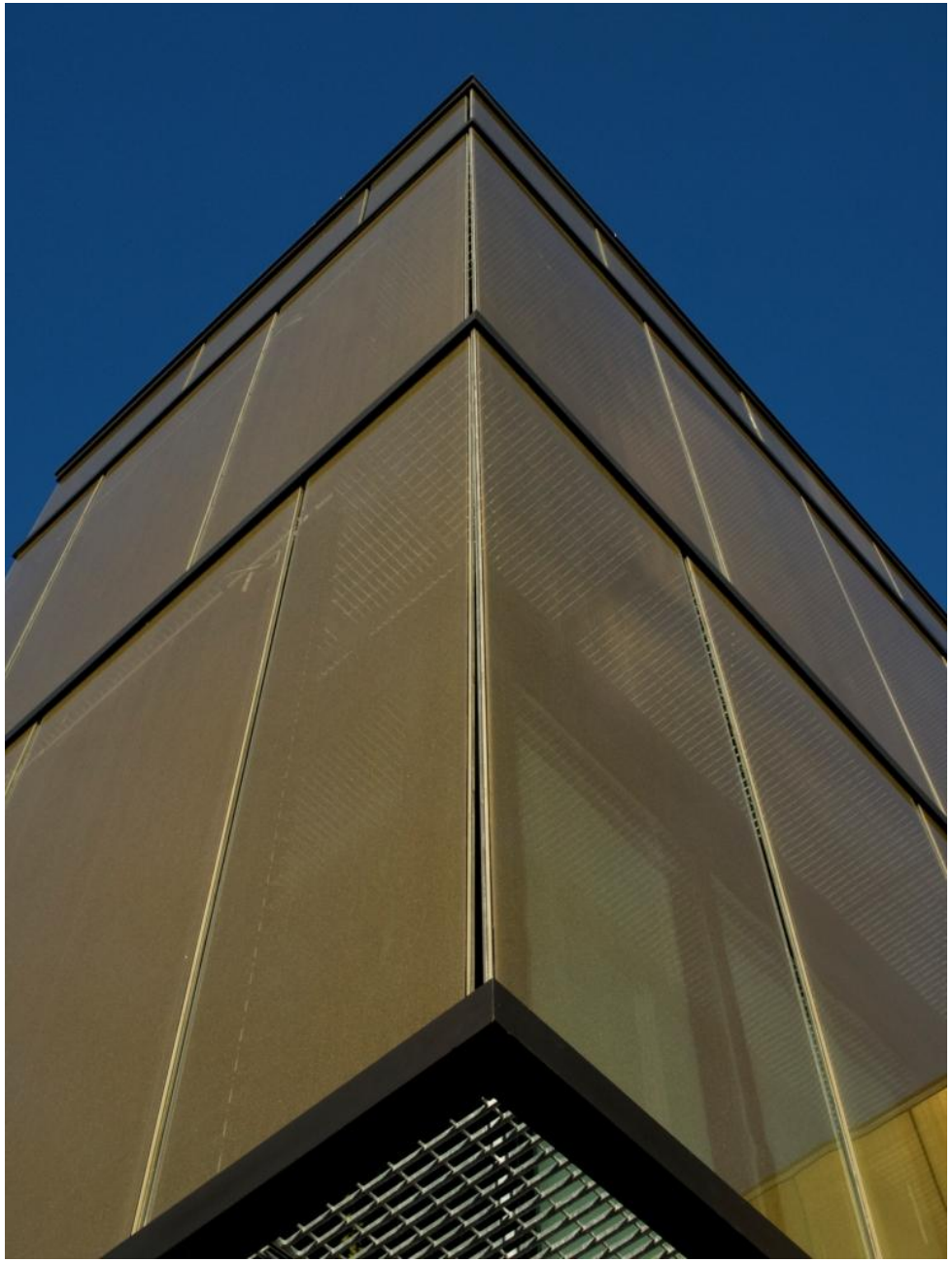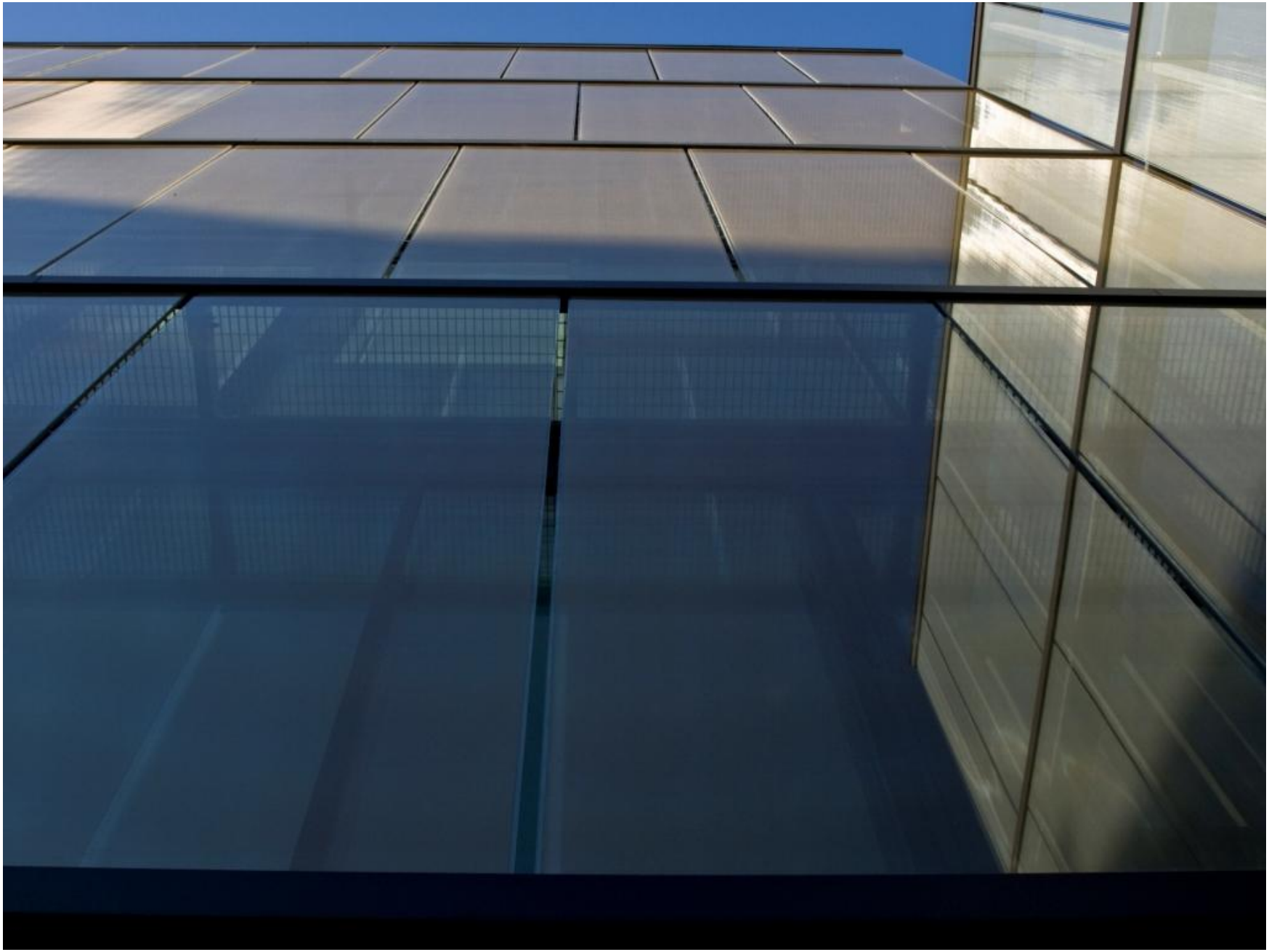Equit